

# Training & Selection Policy

## Mission Statement

*The Beverley Hills Junior Football Club aspires to generate an environment that provides all players with the opportunity to participate in Australian Rules football to ensure they maximize and achieve their potential.*

## Training

All players of the same age group are to train together as a squad on the same night(s).

Coaches can break up players into groups for specialized training and/or drills. Training is not to be conducted in a way that creates two separate teams within one age group.

### **Reasons:**

- Players are able to judge their ability and improvement against their peers.
- Coaches are also able to judge players potential & improvement.
- Players have a feeling of belonging to one squad\team.
- Players get to know team's style of play
- Assist with player rotations.
- Eliminates the "them & us" mentality.

### **Under 13's & Below**

- *Tackers to Under 13's* selections of players in a particular team are to be primarily based on Schools attended and/or known friendships. At this age level the focus is on development of players' skills, knowledge of the fundamentals of team play & having fun.

As well when selecting team's consideration should also be given to:

- Continued development of each player no matter their ability
- All players are to play a minimum of three quarters per game in the home and away games of the season.

- Consideration of player size, strengths, weaknesses and skills so that a reasonable balance can be achieved in the individual team selection and positioning

### **Selection – Two Teams per age group Under 13's and below**

- *For Tackers to Under 13's* it is still important to have regard to friendships especially for new players to the Club however teams need to be selected having regard to
- Both teams being competitive in their respective YJFL divisions
- Consideration of player size, strengths, weaknesses and skills so that a reasonable balance can be achieved in the individual team selection and positioning
- Rotate no more than 4 players each week (if required).
- If a Coach and/or a Team Manager has a child in the age group that they are involved then that child is to be selected in the same team that the Coach/Team Manager coaches/manages. The child/children should not be rotated unless prior agreement is reached with both Coaches/Team Managers involved in that age group.
- The Football Operations Committee will continually review the competitiveness of both teams, and performances will be discussed with Coaches if and when required.
- All players are to play a minimum of three quarters per game in the home and away games of the season.
- It is a priority that Coaches DO NOT develop two separate teams within an age group.
- Each team is to have an equal (+/- 1) number of players each week e.g.(20 -21 players)
- To assist in maintaining the above guidelines both Coaches need to assess and continually review each player's stage of physical development, level of skill and understanding of the game.

### ***Under 14's to Colts***

- Teams will firstly be established based on the age of players: U14, U15, U16 & U17  
U17 are referred to as Colts 1  
U16 are referred to as Colts 2
- Where more than one team exists in each age group, the selection of players in these teams within the same Age Groups is to be based on ***merit***
- In considering "***merit***" the following should be taken into consideration
  - Player's ability
  - Player's physical development
  - Player's attitude
  - Player's adherence to relative Codes of Conduct
  - Player's adherence to team rules
  - Player's attendance at training
  - All players are to play a minimum of three quarters per game in the home and away games of the season.

### **Selection – Two Teams per Age Group under 14's to Colts**

- Rotate no more than 4 players each week (if required).
- If a Coach and/or a Team Manager has a child in the age group that they are involved then that child is to be selected in the same team that the Coach/Team Manager coaches/manages. The child/children should not be rotated unless prior agreement is reached with both Coaches/Team Managers involved in that age group.
- The Football Operations Committee will continually review the competitiveness of both teams, and performances will be discussed with Coaches if and when required.
- All players are to play a minimum of three quarters per game in the home and away games of the season.
- It is a priority that Coaches DO NOT develop two separate teams within an age group.

#### U14/ U15

- Each team is to have an equal (+/- 1) number of players each week e.g. (20:21players)

#### Colts: U16/U17

- Each team is to have an equal (+/- 1) number of players each week e.g. (20:21players). Where rotation between the Colts 1 & 2 sides is required, the rotation of players is to be based on the balance of the teams (ie ruckman, rover etc)
- To assist in maintaining the above guidelines both Coaches need to assess and continually review each player's stage of physical development, level of skill and understanding of the game.

### **Guidelines - Selection for All Age Groups**

- In accordance with YJFL rules the maximum number of players that play in each home and away game is 24 players
- If an Age Group has more than 24 players registered then a rostering system is to be introduced at the commencement of the season
- The roster will nominate which home and way round each player is to be rostered off.
- If a player is called up to play when rostered off due to shortage of players that player is still deemed to have taken their turn of being rostered unless a swap sanctioned by the Coach/Team Manager is agreed between the players.
- Any player who is unavailable for a game in which they are not rostered off will not be deemed to have taken their turn of being rostered off unless a swap sanctioned by the Coach/Team Manager is agreed between the players. A swap is preferential.
- Players rostered off will, if practicable, be offered a game in a higher age group.
- Coaches are to also encourage rostered players to participate in game day off field duties. (ie take stats, carry water etc)

- All players are to play a minimum of three quarters per game in the home and away games of the season.
- Appointed representative(s) of the Football Operations Committee will attend training & games on a regular basis so that assistance can be provided to the Coaches working within these Guidelines.
- Initial inquires regarding team selection should be directed to the age group Coaches, Football Operations Committee representative, or alternatively put in writing to the Club Secretary.
- Top up of players should preferably come from the lower ranked team to the higher ranked team within the same age group so long as players from a lower age group are available to top up the lower ranked team. (For e.g.: player from U11 Gold would go to U12 Blue and if need be players from U12 Blue go up to U12 Gold.)
- If this can not be achieved then top up players for both teams should come from the lower age group. Coaches must consult with each other as soon as they become aware of the shortfall in player numbers. **Football Operations must be advised prior to any decisions being made.**
- Where player from a lower age group tops up in a higher age group the lower age group player should not take the field in place of player of the higher age group (i.e. start the lower age group players on the bench and interchange them during the game for injured players or as part of game day rotations. Don't start the lower age group player on the ground and start the higher age group players on the interchange bench)
- During the course of the home and way season each player is to be rotated through all positions so that they can gain experience and learn how to play each position (i.e. Forwards, Backs, & On Ball). Further the same player(s) are not to start on the interchange bench each week.

## **Captain Selection**

- It is club policy that the opportunities for players to develop leadership skills are maximized. From Tackers to U14's, the position of captains and Vice-Captains will be rotated weekly, although the coach may choose specific team leaders for all finals games. At U15's and Colts, the coach may choose team leaders for the season but the match committee must ratify these.

## **Finals Policy**

- Every player participating in all finals games are required to play a minimum of 1 quarter of football with a recommendation by the Committee of 2 quarters preferred where possible. Coach's discretion should be used in regard to the above with consideration to team structure and team balance.

## **Coaches Policy**

- Football Operations makes all Coaching appointments. The Coach is the Senior Official of the age group to which he is appointed. The Committee places full support in the Coach of a team. If there is a concern, it should be referred to the head of Football Operations.
- The general policy is that each Coach shall coach a team for one year, but no Coach shall be given the same team more than two consecutive years. This does not preclude the Coach applying for that team at a future date. The Committee feels that the development of the players is of the utmost importance.
- For a coach to be eligible to apply for a third consecutive year with the same age group of players;

Football Operations is to consider the following:

- A The coach has not been placed with another team.
- B A suitable candidate has not applied.
- C Considerable effort has been made to find a suitable applicant.

## **Objectives**

- A Provide new opportunities for players and officials.
- B Eliminate risk of complacency and generate new enthusiasm.
- C Increase opportunities to utilize coaching skills across the board.
- D Enhance player development by exposure to as many quality coaches as possible.

## **Recruitment**

- Coaches are advised that no official of the club may approach players from another club in the YJFL although the club has no control over players and parents. If coaches have insufficient players, they should liaise with the match committee as soon as possible to implement a plan. The secretary has lists of past players who may not have played for a season or two. In general other players are the best form of recruitment.

**This Document is dated September 2010**