



# Lions Roar

Official newsletter of the  
Beverley Hills Junior Football Club

Round 11  
July 3, 2011



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1. Corey Parker.
2. Reid Amor.
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5. Dominic Clegg.
6. Conor Corbally.
8. Anthony Dell'orso.
10. Marcel Haj.
12. Sam Hassett-Smith.
14. Lachlan Rankin.
15. Adam Heward.
16. Rohan Heward.
17. Ethan Holland
18. Matthew King.
21. James Lyall.
22. Luke Mcmanus.
23. Connor Mason-Jones.
24. James Nelson.
25. Aidan Rush.
27. Anthony Stamatopoulos.
28. Oscar Strike.
29. Aidan Mandaglio.

- 1 Sam Russell
- 2 Jarryd Wildsmith
- 3 James Menta
- 4 Mitchell Ryan
- 5 Adrian Giovannini
- 6 Simon Reynolds
- 7 Will Phillips
- 8 Alexander Charakas
- 9 Max Thompson
- 11 Richard Ferlan
- 13 Nicholas McLarty
- 14 Josh Warren
- 15 Archie Meade
- 16 Bailey Cox
- 18 Lachlan Godden
- 19 Alexander Hocking
- 21 Joshua Rallakis
- 24 Ewan Smith
- 25 Gus Stark
- 27 Ryan Tommasoni
- 28 Jack Trask

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Coach: Kieren Williams 0418 315 353  
 Asst Coach: Darren Parker 0411 011 620  
 Manager: Fiona Rankin 0411 823 451  
 Team Liason:TBA  
**red**

**The coach said:** Round 10 vs Bulleen Templestowe G. Captains: Anthony Dell'Orso & James Lyall. Medals: Aidan Mandaglio & Corey Parker.  
 AFL Goals: Buddy Franklin 42, Jumping Jack Riewoldt 41, Travis TC Cloke 35.  
 Last Sundays game against the Bullants was one of those games where you think, well that's how footy goes sometimes and if the other team wanted to resort to the tactics they did to win a game of Tackers footy so be it. They outscored us convincingly on the imaginary scoreboard but for me everyone of you boys took another step in your understanding of the game of footy. Its always great to see players dig deeper when things are going against them and the boys really tried hard in the windy and confronting conditions.  
 Ethan 'Dutchy' Holland, probably playing his last game for the season was fantastic playing his best game so far. Our mosquito fleet in Aidan Rush, Anthony Stamatopoulos and Rohan Heward were outstanding. Josh, Oscar, Dominic, Luke, Conor C and Connor M-J stuck to their tasks and never gave up. Our talls in James, Adam, Sam and Marcel played strong and didn't let us down. Lachie 'Judd' ran hard all day and Aidan Mandaglio and Corey Parker were great, deservedly winning the medals. Anthony Dell'Orso and James Lyall played great captains games and both just missed out joining Buddy on the goal kicking list. Special mention to Reid Amor or should I say 'Armour' who had the stuffing knocked out of him but shook it off after the game and said "I'm Ok !!". What more can you say !. They stuck together just like a bunch of sticks and as a coach what more can you ask for !!. You try and analyse what I could have done better and they are swapping jelly snakes after the game !!. A reminder that we are only there for their enjoyment, not ours. Go HillBillys.Lids. KW.

Coach: Nick Cox 0417 114 955  
 Asst Coach: Tim Phillips 0409 418 341  
 Manager: Mardi Thompson 0409 136 457  
 Team Liason:TBA  
**navy**

**The coach said:** St Marys always provide a good contest and again they came out firing. We managed to pull away by the end of the game but it shouldn't be forgotten that they finished with two less players. The conditions were a bit tricky with quite a breeze blowing across the ground. This provided some good lessons on when we should be 'switching' the play and making sure we use the breeze to best position the ball coming in to goal.  
 Aiming to give everyone a turn in various positions this sometimes means that we don't have our best team structure for the whole game. I personally believe that it's important, particularly at tackers level, to continue this strategy until the stakes become a little more important. We've had some wonderful progression from individuals developing new skills and getting important practice in the various positions around the ground.  
 Before and during the game we reinforced the 3 rules from last week which remain important principles at any standard of footy  
 1. Keep the forward line open. 2. Stay on your man in defence. 3. Don't kick chase (set up the wall)  
 Our captains for the day were Sam & James who led with distinction! Our medals went to Sam Russell and Archie Meade, who both had great games. Certificates to Max, Simo, Adrian, and Josh R. Some special bravery awards for players who got injured during the game but battled on go to – Ewan, Lach, and Mitchel.  
 Next week we battle Doncaster Heights Red at their home ground, who on Sunday provided a difficult contest to our Teal team mates. We'll remember the importance of modelling good behaviour and showing respect and good sportsmanship throughout the day.

- 1 Patrick Horvath
- 2 Angus Turner
- 5 Sam Constantinou
- 6 Lucas DeCesare
- 7 Michael Vasilides
- 10 Michael Silvaggi
- 12 Nicholas Prestigiacomò
- 13 Jordan Christie
- 16 Thomas Hynes
- 19 Darcy Hewitt
- 20 Benjamin Galea
- 22 Max Stevens
- 23 Jayden DiD'Amico
- 26 Alex Greaves
- 27 Logan Spadafora
- 28 Jacob Richardson
- 29 Stephen Kazakis
- 30 Cooper Innes
- 31 Yianni Kazakis
- 33 Alessandro Lepore
- 34 Kostan Pappas

Coach: Steve Turner 0417 156 131  
 Asst Coach: Nick Prestigiacomò  
 Manager: Sam Galea 0412 525 250  
 Team Liason: TBA

**Teal**

***The coach said:***

What a week we had this week.

Our game was played against Doncaster Heights with some excellent team football and individual efforts from our boys.

As mentioned on the day, our 3rd quarter was probably the best football we have played this year.

All players were hard at the ball and they played as a team and not just as individuals. Our kicking at goal was also exceptional in this quarter and well done Nick Prestigiacomò for kicking 2 goals in that quarter.

The team did continue to try hard in the last quarter as well but as has happened in previous weeks, defence let us down a little.

We need to strengthen that aspect of our game boys or opposing teams will continue to get easy goals as was the case on Sunday.

Our medal winner on the day was Jacob Richardson who put in a great effort despite not being well at all during the week so good on you Jacob for your willingness to be there for the team.

Certificate winners were Michael Silvaggi for once again playing his heart out and Angus Turner who had a good day.

Special mention must go to Alex Greaves who took Mark of the Year. What a screamer!!!! He also played very well.

All other players contributed during the game so well done to all our boys.

Thanks again to Sam and Nick and also to Chris Galea for helping set up the ground.

Special mention to John Constantinou for umpiring under extreme and unnecessary pressure. Thanks John.

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# under10

Coach: Matt Russell 0417 112 565  
Asst Coach: Phil Jacovelli 0408 026 902  
Manager: Rohan Harrap 0423 023 606

No	Player
1	Kayur Gulab
2	Vihaan Narayana
3	Chris Jacovelli
4	Tom Russell
5	Nic Miszczyk
7	Xavier Bateman
8	Michael Jacovelli
9	Tom Kerr
10	Mitchell Vassel
11	David Natoli
12	Renton Walter
14	Cody Burns
15	Chris Waycott
16	Josh Briffa
17	Jack Duckworth
18	Alex Pelusi
19	Zac Romas
20	Kyah Karavasilis
22	Gianfranco Spadafora
23	Yamen Moh'd
30	Tyson Harrap
37	Riley Shannon

## ***The coach said:***

BEVERLEY HILLS 1.2.8 DEF BY SURREY PARK 12.3.75

Round 10 saw us playing a very strong team in Surrey Park at Leeds St.

A surprise inclusion for the match was Tom Russell, playing his first game since Round 1 after suffering a broken arm. Unfortunately we also had a late omission with Gianfranco Spadafora being a late withdrawal due to an ankle injury suffered on the eve of his much anticipated 50th match. Bad luck Gianfranco, but there's always next week and we'll be looking forward to it!

Make no mistake, Surrey Park are probably one of the strongest teams we've faced. They're certainly one of the biggest teams we've faced and they used their size advantage brilliantly by moving the ball quickly into the forward line and taking many overhead marks.

Where we could match it and even beat Surrey Park, was in our endeavour, however in the first half the team appeared satisfied just giving one effort to win the ball. At half time we discussed the need to provide 2nd, 3rd and 4th efforts in contests and not giving up until a Beverley Hills player had the ball. In the 2nd half this was extremely evident, with one of the Surrey Park parents commenting after the game, that Surrey Park hadn't played a team as committed and harder at the ball than Beverley Hills and that as coach I should be very proud of their endeavour. I assured him I was!

Captain's for the day were Riley Shannon who played on the Wing and gave the team the desperation and commitment needed to win the ball around the ground and Renton Walter who played an important role on the half forward line while also pushing up the ground to give the team a target out of defence. Well done Guys!

Medal winners were Cody Burns who used his size, playing in the Ruck to bang and crash through packs around the ground while also winning the ball and Kayur Gulab who has had a great season and demonstrated that "hard at the ball" approach on Sunday that impressed the Surrey Park Parents. Brilliant games guys!

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# under11

Coach: John Diacono 0433 013 379

Asst Coach: Andrew Neophitou

Manager: Cindy Fairweather 0433 712 203

No	Player
1.	Cooper Bird
2.	Chris Neophitou
3.	Bailey Rankin
4.	Anthony Lucas
5.	Ben Williams
6.	Daniel Wildsmith
7.	Riley Thompson
8.	Dylan Diacono
9.	Joe Zadnik
10.	Arian Odza
11.	Marcus Amicucci
12.	Liam Parker
13.	Harrison Fairweather
14.	Lochlan Harris
15.	Konner Landouris
16.	Lucas Westwood
17.	Josh McAuliffe
18.	Liam DiBiase
19.	Max Lucas
20.	Lachlan Degering
21.	David Merrick
23.	Nicholas Joksic
24.	Owen Byrne
27.	James Mlnahan
28.	Connor Walsh
29.	Alexander MacDonald
30.	Ethan Hocking-Zanelli
32.	Connor Mullen
34.	Zachary Spadafora
37.	Marcus Kyriacou

**The coach said:** Kew 12:10:82 def Beverly Hills 0:3:3

Captains: Anthony and Lucas

Medal: Ethan

Best players: Ethan , Riley , Dylan , Nick , David , Liam . d

Today's game was against the top team and sometimes the scoreboard doesn't fully reflect the actual effort and endeavour being displayed by our boys. We went into this game unaware of the massive size difference that exist between us and Kew however that didn't stop the boys from giving their all and to come in at quarter time with the scores level was a huge bonus for our boys . We put alot of emphasise on learning from our previous weeks mistakes and this week it was great to see an improvement in our marking the ball . The further the game went the stronger Kew was able to get control of the game and their talls were becoming a problem for us . Some individual efforts need to be highlighted with a magnificent smother from Riley in the 3rd quarter , some great work in defence from Dylan and Arian , some super running from Ethan , Conner .w , James and some big steps taken by David , Cooper and Marcus .k in their developments with the club. We need to put the efforts into training and learning from the oppositions strengths as we search for our first win in gold . Standing from the sidelines that achievement may soon be around the corner.

*Congratulations*

**Owen Byrne**

*50 Games!*

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# under12

## red

Coach: Kevin Fleming 0423 554 629  
Asst Coach: Simon Bateman  
Manager: Connie Georgas 0430 167 812

No Player  
George Asu - 17  
James Bateman - 5  
Joshua Bouke - 2  
Tim Caldwell - 9  
Jack Christiansen - TBA  
Joshua De Maria - 10  
Jack Fleming - 11  
Lucas Gelsumini - 12  
Ryan Giovannini - 30  
Benjamin O'Sullivan - 18  
Isaac Quaynor - 19  
Tristan Santoro - 3  
Tynan Smith- 35  
Lachlan Steele - 23  
Mitchell Stoneham - 25  
Charlie Thompson - 14  
Hayden Varney - 7  
Joshua Vassel - 38

### *The coach said:*

Another good win due to the boys playing some great team footy. The coaches are putting a lot of pressure on the boys at the moment to play a very hard running game. On Sunday against Kew Rovers the boys showed some great improvement.

The boys are starting to look to switch the play and run and carry the ball. From the side lines, this looks great, especially from U12 boys.

This week we play Hawthorne Citizens who beat us earlier in the year. They are a well drilled team and offer a great challenge to the boys. The game plan we are implementing will be tested and it will be very interesting to see how the boys handle this challenge.

To all the boys who run out this week, think of what you can do to help your team be better?

And be prepared for a very physical and contested game of football.

Go Hills!!!

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WR Chemicals



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# under12 navy

Coach: Andrew Gates 0407 893 733  
Asst Coach: Cameron Carey  
Manager: Mark Roberts 0417108261

No	Player
1	Andy Roberts
3	Sam Vassiliou
4	David Morris
5	Ryan O'Keefe
6	Adam Reynolds
7	Nick White
8	Nick De Cesare
9	Hayden Varney
11	Dante Spadorofa
12	William Gaythorpe
13	Dylan Wallace
14	Jack Kerr
16	Jack Richards
17	Jack Christiansen
18	Ben O'Sullivan
20	Bailey Griffiths
24	Callum Spear
25	Dean Karamesinis
27	Johnny Gates
28	Paul Tsigaras
31	Tate Norris
34	Ash Carey
35	Seb Pisano

## ***The coach said:***

Round 10 Bev.Hills 7.4.46 d Doncaster 6.4.40

Best: Adam, Seb, Ben, Paul, Will, Hayden.

Goals: Ben 3, Hayden 2, Seb 1, Will 1.

5 ins and 2 outs gave us 20 players. A good warm up and the challenge to start well.  
1/4 time Bev.Hills 3.1.19 to 0.1.1

We came out of the blocks well. 2 goals to Ben at FF and one to Seb was a good start with the wind. We used handball well, ie Jack.K to Paul, and Nick W. moving the ball well. Ash's pass to Andy and Seb's use of his body were good signs.

1/2 time Bev.Hills 3.1.19 to 2.2.14.

Complacency and a lift in Doncaster's work rate, saw us second to the ball, not running and being outnumbered at the contests. Our talk to the ball carrier was good at times.

Paul executed one of the tackles of the year, chasing down a player on the wing.

Unfortunately he not only won the free kick but broke his collar bone as well.

3/4 time Bev.Hills 6.3.39 to 2.2.14.

We returned to our first quarter form and worked harder. Goals to Seb, Ben and Will rewarded the work of players up the field.

Last quarter. A 25 point lead at 3/4 time became 19 within a minute. The grandstand end saw all the scoring and Doncaster got their run and momentum going. A crucial goal to Hayden proved the difference. For the match 12 goals were kicked to one end and Hayden's sole goal at the other. Adam hit a few contests hard and Ben worked hard on the ball. Riley won a good clearance and Dylan took a good grab in defence. We nearly had our 3rd draw in 10 games but held on by a goal. Full marks to Doncaster for winning the 2nd and 4th quarters.

Round 11 sees us take on 3rd placed St.Marys. They blew us away in the 1st quarter last time. We need to come to play.

Thanks to Riley and Josh.M for playing with us.

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**if you're not there ...  
we'll talk about you!**

You are invited to the



## **Beverley Hills Grand Ball**

**When:** Saturday July 16, 2011.

7.00pm for pre dinner drinks and canapés.

**Where:** the very ritzy

**Manningham Function Centre.**

Doneaster Road, Doneaster (Council Offices).

**Cost:** \$85 per ticket

- ❖ Music from the 2 piece band "2's A Crowd"  
and guest vocalist, Andrea Lees -  
guaranteed to impress.
- ❖ Be entertained by comedian, Des Dowling.
- ❖ 3 course meal including complimentary  
wine, beer and soft drink.

**Dress:** Dress to impress in your "after 5's".

**Who can attend:** BHJFC families and their friends

RSVP attached Booking Form



# **BHJFC CHOCOLATE DRIVE**

## ***due now!***

Please return money and all unsold chocolates to your team manager/team liaison person in a sealed, named envelope as soon as possible.

*Thanks to everyone for your great support of this club fundraiser.*

## ***don't forget your \$!***

## **Saturday at Zerbes!**



### **Doncaster East Football Club**

**See heaps of former Beverley Hills JFC players continue their footy in the EFL Div 2.**

**Commin g up .....**

Round 11... Saturday July 2

Doncaster East vs Bayswater at Zerbes Reserve

U18's at 9.40am Reserves at 11.55am Seniors at 2.10pm

**follow us on facebook ....**



**[facebook.com/doncastereast](https://facebook.com/doncastereast)**

# under 13 red

Coach: Anthony Phillips 0412 580 669

Asst Coach: Deane McLarty

Manager : Lisa Jones 0409 656 101

No	Player
15	Carl Giovannini
18	Andrew Ney
38	Daniel Stanford
10	Riley Jones
2	Ed Phillips
26	Pat Wallis
35	Ben Lyall
20	Marcus Giangregorio
4	Sam McLarty
30	Callum Thorburn
21	Josh Richards
29	Daniel Amicucci
27	Jake Stewart
36	Fergus Ward
23	Max Gladman
24	Matt Kakaflikas
14	Mitch Young

\*\* Team subject to change

## *The coach said:*

Beverly Hills 9.9.63 def Doncaster Heights 2.1.13

Round 10, and we were again due to play our neighbours, Doncaster Heights. The boys really enjoy these games, as they not only know most of them, but they are actually friends with a lot of them as well.

And I think they really enjoy playing us too!

On a big ground.....oh so big, so very, very big.....so long, so wide, just....soooo big.....,the boys kicked into the wind in the first quarter. Within the first minute Donny Heights had the first goal on the board. Unfortunately for them it was to be their only goal for the half. With good attacking, smart football, our boys managed 2 goals in pretty difficult conditions.

In the second quarter the boys continued to control the game. With Matty B, again hard at it, Daniel S up forward marking everything that came his way, and Riley spotting up some kicks with pin point accuracy, the boys dominated all over the ground. Four goals to none and we were over five goals up at half time.

The third quarter.....well, it wasn't one of our best. Game plan went out the window, team targets plummeted, scoreboard suffered. We didn't lose the quarter, but we didn't win it either. To the boys credit they regrouped in the last quarter and went back to playing the footy we all know they are capable of. Jake began to make his presence felt (and Jake, I apologise. I made a mistake by calling your kick out on the full. Unfortunately, at that stage, I was starting to have concerns for my well being after a couple of close decisions), Kyle was still scouting around up forward; ended up kicking four; and Ed continued his good form from recent weeks.

GO HILLS!

Scott

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# under13 navy

Coach: Daniel Hewitt 0433 420 870  
Asst Coach: Ray Gabelich  
Manager: Helen Sist: 0402 176 667

No	Player
5	Ben Gabelich
25	Matt Hook
33	Will Hewitt
3	Tim Stanghi
37	Will Maziotis
2	Jules Ioannidis
9	Matt Bartlett
1	Scott Jackson
28	Adam Chan
8	Kyle Hoath
19	James Lusi
16	Brodie Hewitt
32	Aaron Klos
6	Harry Pashias
11	Manny Siskamanis
22	Stasi Evangelou
7	Daniel Duncan
14	Mitch Young
38	Daniel Stanford
23	Max Gladman

\*\* Team subject to change

### *The coach said:*

Beverly Hills 6-3-39 Def By Whitehorse Colts 9-14-68

Great to see Adam and Scott at training after their tough game on Sunday. Yes I'm very late, (computer trouble).

What a huge last quarter, another 10 minutes and who knows.

After our opponents got of to a flyer with the wind you could have been forgiven if you dropped your heads. None of you did, as a matter of fact you gave them a real run for their money.

You all showed character in fighting your way back to a competitive position. Once again our fitness and run showed through, a great effort.

See you on Sunday.

Thanks George, Lucas and Charlie.

Captain. Adam.

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# under 14

Coach: Jim Pahos 0408 994 653

Asst Coach: Greg Fyffe 0423 892 787

Asst Coach: Tony De Luca 0401 262 620

Manager: Peter Rush 0430 303 151

Team Liaison: Cathy Lucas

No	Player
44	ALTIS, MICHAEL
29	BURNS, LACHLAN
32	CALDWELL, ALEX
31	CECALA, JOEL
5	CERAVOLO, AARON
16	CROCKER, DARCY
26	DELUCA, MATTHEW
11	DIAZIKIS, AARON
7	ELLIS, HAYDN
21	FYFFE, RILEY
13	GRAVELLE, OLIVER
3	GUINEY, TRAVIS
8	HAWKINS, JACK
6	LAROSA, BEN
12	LOCKE, JAMES
19	LUCAS, CONNOR
18	MARTYN, NICK
9	PAHOS, NICK
10	RICE, BRANDON
17	RISVANIS, DEAN
30	RUSH, CALLUM
24	SMITH, RILEY
22	STATHOPOULOS, PETER
14	TANO, PANFILO
28	WINTLE, LACHLAN
25	ZACCARDI, NICK

## **The coach said:**

Beverly Hills 8.13.61 def Kew 7.8.50

Back at home (Zerbes) for only the second time this year against Kew who were sitting fifth on the ladder.

In the first quarter we kicked with a slight breeze and entered our 50 many times but Kew repeatedly rebounded the ball out time and time again. Our forwards were caught playing too high and Kew dropped back on them leaving at times 2 loose Kew players in our forward 50. We managed to kick a couple but so did they into the wind. Kew were big side and strong and our boys took some time getting used to the bigger bodies.

At quarter time we instructed the boys to run the ball up into the wind which they did well finding space along the grandstand side on several occasions. We had a few opportunities and kicked two but couldn't convert many other chances. At half time we had kicked 4.10 and were leading by some 7 points.

We came out after half time and kicked the first three goals which saw us open up a handy break only to hand it back when Kew kicked two goals into the wind late in the quarter. At the break we were 15 points up but Kew had the wind.

The last was always going to be difficult to hold them out. Kew kicked the first two of the quarter which brought them to within a goal and seemed to have some momentum. We always knew that we needed to kick goals into the wind and that they did as we dug deep and continued to work hard and eventually ran our winners by 11 points. It was a hard game which was played between two competitive sides in good spirit. Good team effort but we need to continue to work hard at training and do all the one percenters.

This week Greythorn who are in the four in milestone 100th games for Joel Cecala and Connor Lucas.

Congratulations and well done Joel and Connor.

Also good luck to all the YJFL boys in their Grand Final being played on Saturday.

GO HILLS!

*Congratulations*

**Connor Lucas**

**Joel Cecala**

*100 Games!*



**F&R PAVING Co.**  
Concreting  
Contractor

# under15

Coach: Greg Libbis 0410 678 123  
Asst Coach: Carlo Fiorenza 0425 746 704  
Manager: Virginia Lucas 0425 726 763

No	Player
1	Kyle HockingZanelli
3	George Stassoulakos
4	Liam Grattidge
5	Daniel Di Roberto
6	Drew Corke
8	Jackson Burns
9	Matteo Fiorenza
10	Tom Mercovich
11	Zac Ratcliffe
12	Andrew Vagias
13	Mark Rosato
14	Luke Annett
15	James Zaccardi
17	Jimmy Gladman
19	Alex Gelsumini
22	Dion Skaltsas
23	Jakeb Clarke
24	Christian Petracca
25	Jonathan Armocida
26	Ethan Santoro
30	Philippe Kyriacou
33	Tom Phillips
36	Sam Gray

### *The coach said:*

Sir's ...we found out why Banyule are top of the laddre. The ran all day, numbers at the ball, and it it was one of those days in the office where it just appeared like they had more players on the ground.

Well they did! Our boys were dropping like flies ...at one stage I thought there where more players back in the rooms getting treatment than out on the ground.

Lets re group and come out today like we mean it!

Go Hills .... Greg

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# Colts

Coach: Joe Mezgec 0421 693 565

Asst Coach: Mike Casabene 0408 541 457

Asst Coach: Matt Maclennan 0439-714-860

Asst Coach: Doug Cogdon 0430-007-141

Manager: Anita Spencer 0426 798 094

## No Player

- 1 Matt Williams
- 2 Marcus Di Blasio
- 3 Robert DiRoberto
- 4 Yianni Griffiths
- 5 Anthony Palmieri
- 6 Chris Lane
- 7 Adam Rogers
- 8 Josh Gomes
- 9 Harry Lauritz
- 10 Jack Sholakis
- 11 Matt Hodges
- 12 Alex Mascitti
- 13 Michael Ceravolo
- 14 Daniel Rogers
- 15 Tim Waters
- 16 Nassim Merhab
- 17 Jonathan Henshaw
- 18 Zach Tiernan-Perversi
- 19 Adam McManus
- 20 Jason Spencer
- 21 Stasi Papaioannou
- 22 Michael Lane
- 23 David Tomat
- 24 Matt Collins
- 25 Darcy Smith
- 26 Raymond Glasson
- 28 Jack Gladman
- 29 Bardea Maghami
- 31 Giacomo(Jack) Zerbi
- 33 James Tabbitt
- 34 Liam Halverson

## *The coach said:*

Round 10 saw us travel to top of the table's Boroondara for an exciting challenge to see how far we had come since our last meeting.

The boys started kicking against a fairly strong breeze and were able to hold Boroondara to just 3 goals in a very promising defensive display.

The second quarter was a more even contest as we began to win the contested possessions and clearance count, however were unable to put as much scoreboard pressure on as we would have liked and Boroondara went into half time with a 5 goal lead.

The third quarter was again a similar story as we dominated around the ground but inefficient disposal at crucial times cost us an opportunity to get back into the match as Boroondara extended their lead.

In the last quarter a loss of concentration and some indiscipline cost us as the margin blew out, however the statistics show that we have improved via our contested possession and clearance count, showing that the endeavour was there for most of the match.

We look forward to facing 2nd placed Fitzroy this week!

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# THE MANAGEMENT OF CONCUSSION IN AUSTRALIAN RULES FOOTBALL

## AFL Medical Officers Association Position Statement

- Concussion refers to a disturbance in brain function caused by trauma.
- Complications can occur if the player is returned to play before having fully recovered from injury.
- **The key components of management include:**
  - a) **Suspecting the diagnosis in any player with symptoms such as confusion or headache after a knock to the head;**
  - b) **Referring the player for medical evaluation; and**
  - c) **Ensuring that the player has received medical clearance before allowing a return to play or a graded training program.**
- The cornerstones of medical management include rest until symptoms have resolved; cognitive testing to ensure recovery of brain function, and then a graded return to sport program with monitoring for recurrence of symptoms.
- In general, a more conservative approach (i.e. longer time to return to sport) is used in cases where there is any uncertainty about the player's recovery ("***if in doubt sit them out***").
- Difficult cases, such as those involving prolonged symptoms or deficits in brain function, require a more detailed, multi-disciplinary approach to management.

**A player with suspected concussion must be withdrawn from playing or training until medically evaluated and cleared.**



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